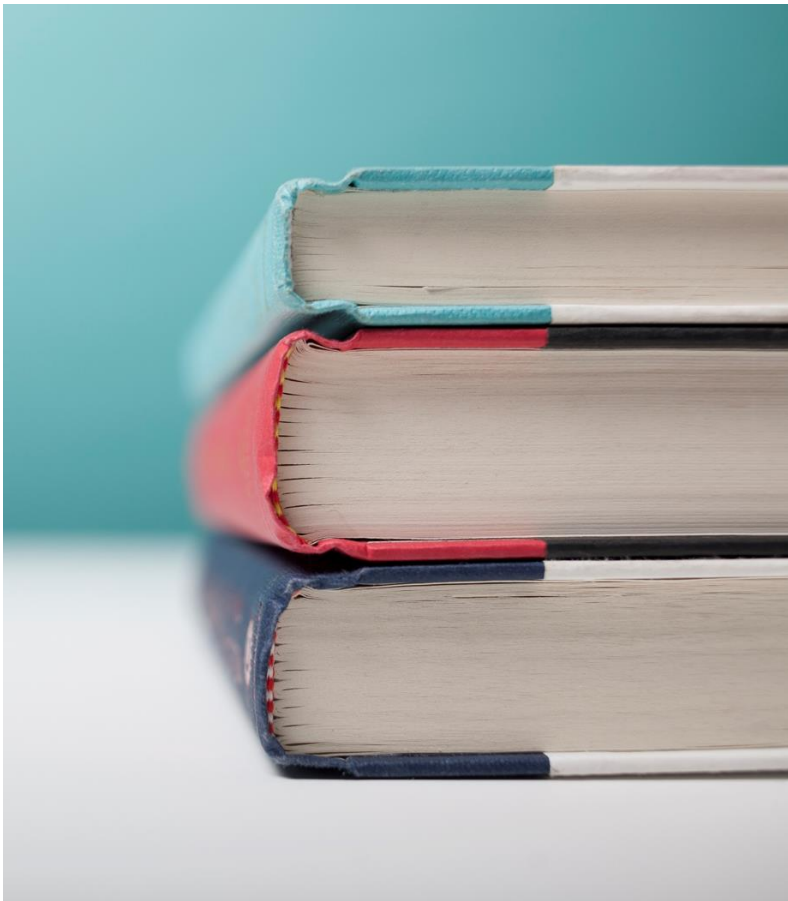




# Broadoak Academy

Guide for students and their families



**We are a community**

**We look after each other**

## Useful Information

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### Broadoak Academy

[parents@broadoakacademy.clf.uk](mailto:parents@broadoakacademy.clf.uk)

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NHS – use the online service first if you can, to see whether you need to ring 111

<https://111.nhs.uk/covid-19/>

111 or **999 if an emergency**

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Coronavirus

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

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Government Guidance

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government->

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Working at home - ShowMyHomework

<https://www.satchelone.com/login>

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Extra work for all years

<https://www.senecalarning.com/>

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Year 11 Maths

<https://hegartymaths.com/>

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Help for families

<https://westonsupermare.foodbank.org.uk/>

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**Help in an emergency (police, ambulance, fire)**

999

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Help in a **non-emergency (police)**

101

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Help for students

Call Childline on 08001111 (you do not need to give your name)

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Use Kooth our online counselling service

<https://www.kooth.com/>

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# What will happen if school is closed?

**This is NOT a holiday!**



- You will have expectations of work to complete
- There will be a timetable
- Some of you will have phone calls or contact from school
- Year 10 and 11 – it is really important that you continue to work hard / exams will still happen

**What to do if you have any questions or worries:**

Email the school on:

[parents@broadoakacademy.clf.uk](mailto:parents@broadoakacademy.clf.uk)

or

[enquiries@broadoakacademy.clf.uk](mailto:enquiries@broadoakacademy.clf.uk)

Check the school website, Facebook or Twitter

Use the list of contacts on the front of this booklet

Contact Childline (you don't have to give your name)



# Your Timetable

**The normal school day still applies during a closure. As a child of school age, you are expected to be at home between 8:30 and 3:15 so you can work during this time.**

**In the event that we close the school you will follow a different timetable**

- ✓ You will need to complete all work on Show My Homework.
- ✓ If you need to contact your teacher you can do this through the comments section of Show My Homework.
- ✓ If you cannot access Show My Homework let us know, if we cannot fix it, you will have paper copies of work to do.

## **Year 7, 8 and 9**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Period 1 8:45-9:45	English	Maths	Performing Arts	Maths	English
Period 2 9:45-10:45	Creative	Performing Arts	Maths	Humanities	Maths
Period 3 11:05-12:05	Languages	English	Humanities	PE	Science
Period 4 12:05-13:05	Maths	Humanities	Languages	Creative	Creative
Period 5 14:00-15:00	Science	PE	English	English	Independent study

## **Year 10 and 11**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Period 1 8:45-9:45	Maths	English	Maths	Science	Options
Period 2 9:45-10:45	English	Options	English	Options	Science
Period 3 11:05-12:05	Science	Maths	Science	Maths	English
Period 4 12:05-13:05	Options	Independent study	Options	Independent study	Maths
Period 5 14:00-15:00	Independent study	Science	Independent study	English	Independent study

The timetable is **the same every week** (no week A and B)

## Advice for symptoms and self-isolation if needed – correct at 9:00am 13<sup>th</sup> March 2020

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>

### Stay at home if you have coronavirus symptoms

Stay at home for 7 days if you have either:

- a high temperature
- a new, continuous cough

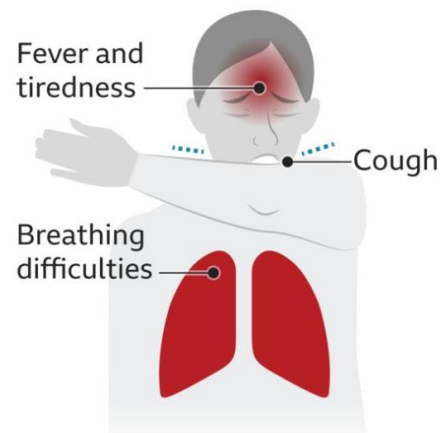
Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Read our [advice about staying at home](#).

### Tips for staying at home

It's important to stay at home to stop coronavirus spreading.



**If you have a new cough or high temperature you should stay at home for seven days**

#### Do

- ✓ try to keep at least 2 metres (3 steps) from other people in your home, particularly older people or those with long-term health conditions
- ✓ ask friends and family and delivery services to deliver things like food shopping and medicines – but avoid contact with them
- ✓ sleep alone if possible
- ✓ regularly wash your hands with soap and warm water for at least 20 seconds
- ✓ try to stay away from older people and those with long-term health conditions
- ✓ drink plenty of water and take everyday painkillers, such as paracetamol and ibuprofen, to help with your symptoms

#### Don't

- ✗ do not have visitors (ask people to leave deliveries outside)
- ✗ do not leave the house, for example to go for a walk, to school or public places

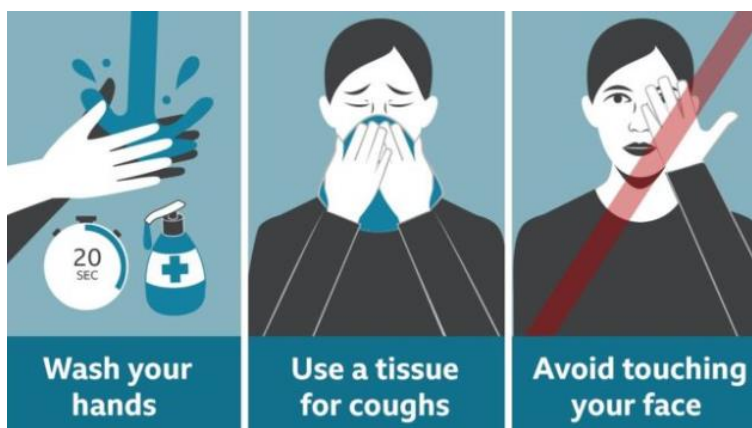
#### Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

➔ **Use the 111 coronavirus service**

Only call 111 if you cannot get help online.

### How can I stay well?



**Wash your hands**

**Use a tissue for coughs**

**Avoid touching your face**